

Angel pennies an energetic link with spiritual world

Most of us are anxiously peering into 2009 wondering 'what now?'



Practical Intuitive Tools
Dana Shino

There are too many unknowns to fathom. So I say to you, "Congratulations, you have a front-row seat on the 50-yard line during the greatest time of human

transformation on this planet."

The question before us is not "what is going to happen to us?" This question is anchored in physical, mind-based angst and fear, a limiting consciousness and energy. The question before us is how are we going to travel through this time? This question is rooted in expansive spiritual energetics of consciously transforming with the changes, knowing and believing we are taken care of by the universe.

How do we bridge out of limiting physical fear so many of us easily and unconsciously practice? How do we consciously bridge into the ephemeral light, love and expansive energies of the new time? There are unlimited ways, but here is one of my favorites. It's small, simple and powerful: angel pennies.

A long time ago, when I had

no inkling that I (and everyone around me) was psychic, I stepped out the door of *The Greeley Tribune* in Greeley on a cold January morning to make

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my advertising sales rounds. I was frightened about making enough money to pay the bills (I had recently graduated from college). I had very little faith in myself and even less in the world I lived in.

As I held all those energies and emotions on that morning in 1994, I unwittingly planted my boot on the edge of a shiny copper penny.

I quickly bent down, picked up the penny and exclaimed out loud without thinking, "The angels must be thinking about me!" Immediately, I thought, "They are?" because I had no idea where my exclamation came from. But I carried with me a good feeling for the rest of the day that the angels were with me.

Gradually, the pennies became my personal secret joke as I discovered them everywhere: laundromats, sidewalks, counters and more. Every sin-

gle time I found a penny, I picked it up and thanked whatever higher being who was there helping me. I believed the pennies were a sign from above that I was watched over and that I was on the right track.

The penny over the years has been one of my greatest spiritual tools and lessons teaching me basic spiritual and energetic elements (not to mention pennies are copper, and copper conducts energy). I learned to pay attention, acknowledge the signs, consciously give thanks for them and embrace the glow of connecting with an energetic symbol. These are the basics of any psychic or spiritual development.

Finding a penny on the pavement may not seem like a lot in the face of losing a job or getting bad news about a loved one, or losing money in the stock market ... but it is.

These are the little signs adding up to big connections with the unlimited energy world – a world that ultimately will provide us with the connections we need to help us in the face of the challenges of now.

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